

# LIMITLESS

*A Guide to*

# TRUE EMBODIED SOVEREIGNTY

*to honor Mother Gaia*



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# Welcome to Mission Limitless

Limitless is a global network of harmony, love-based individuals who serve a higher calling. The foundation of our organization is based upon heart-centered philanthropy and Universal Sovereignty.

This is the future of the humanitarian business model that will continue to emerge as we keep uniting together as one tribe, a global synarchy.

We are here to serve humanity however we can. We also support the highest good for Mother Earth and all life that resides on her. We understand that one must do the inner work so that our service to love is of the highest capacity and integrity.

If this resonates with you as your higher calling but are not sure where to start, we are here to offer guidance, support, share experiences and techniques from our individual journey's back to the same Source.

A community to help teach and guide one another to our final destination, our greatest and grandest selves and to fulfill our highest potential in love, with limitless possibilities.



"Philanthropy is the intelligent and healthy redistribution of energy within a system that brings a higher harmony to that system, allowing it to fully thrive and transcend its own limitations. This redistribution is not only material, but also mental and emotional."

- *Richard Rudd*  
Prosperity

# Mastering Physical Sovereignty

## Dissolving All Attachments

Physical Sovereignty is the art of learning how to BE your own God Self, without the attachment to other people, places or things. The shadow aspect of Humanity that prevents their own sovereignty is attachment. When we are attached to people, places or things, we believe that without them, we cannot sustain on our own. Essentially never evolving out of the toddler phase.

Attachment often presents itself through people. When we are attached to certain people in our lives, we allow them to dictate our choices, behaviors and feelings, thus giving our power away. When we are attached to things, we often are co-dependent on them to make us feel better or feel joy. We usually refer to this kind of attachment as addiction, yet many believe they are not addicts because their choice of addiction is not drugs or alcohol. All of Humanity are addicts in one way or the other. We can be addicted to our phones, food, sex, sleep, possessions, or anything we use such as alcohol, coffee, marijuana, supplements, etc. To be clear, any "thing" can be used in divine alignment when there is no attachment, regardless of what that thing is.

We can also become attached to certain places or environments in our life and feel that without them, we cannot function.

This could be attachment to our homes, jobs, places we live, certain areas or cities. We have become co-dependent on this environment or place, thus giving our power away and staying inside a comfort zone.

Physical sovereignty starts by observing the attachments we have to people, places or things. How do they dictate our decisions, emotions and actions? Make a list of all the things you feel you have an attachment to, by asking yourself, "if I did not have this person, place, or thing, would I feel like I could not sustain?"

The best way to begin anchoring in physical sovereignty is to anchor in mastery of your own body and behaviors. Detoxing, fasting, or going without a certain thing for a specific period of time, allows you to re-evaluate the relationship you have with it. It is never the person, place or thing that is the issue, it is always our relationship to it that is the problem.

When we detox from any attachments, we come to find our true sense of self, and then we regain our sovereign relationship with the external world, create inner strength to move through challenges and gain resilience without using crutches.

# Mastering Emotional Sovereignty

## Dissolving Control Dramas

The Control Dramas are the main ways that we as Humans stay co-dependent on one another emotionally. These were first coined by James Redfield in his Book, *The Celestine Prophecy*.

### The four types of control Dramas

The Intimidator takes energy from others by seeking to control them through fear, intimidation, powering over, and abuse.

The Victim takes energy from others by never taking accountability for themselves, blaming and seeking sympathy from others.

The Interrogator takes energy from others by intruding, incessantly asking questions, always needing to know what someone is doing/who they are with/ what time they'll be home, etc.

The Aloof takes energy from others by running, escaping, refusing to communicate and open up, and by creating a false sense of isolation.

By identifying your type of control drama and/or the control drama used by others around you, they become easy to dissolve and move past.

When we are emotionally co-dependent, we not only rely on others for emotional feedback and validation, but our emotions become dictated by the emotions of others. Additionally, if we do not learn how to process and digest our own emotions, they can overtake us, and we give our power away to our emotions.

Mastering emotional sovereignty begins with understanding and fully feeling our emotions. Often, this may require us to practice solitude and spend moments by ourselves in order to feel, process and discern what emotions are ours versus what others are feeling.

Once we begin to truly get in tune with our emotions, we can begin to pinpoint what the emotions are. It is helpful at this stage to reference the Vibrational Scale of Consciousness to see what vibration of emotions we are experiencing. When we understand what the emotion is, we allow ourselves to feel it, we then begin to learn to process our emotions and alchemize them into higher states. Example, anger is a powerful emotion that often gets stuffed down and not properly transmuted or released in a positive way. Anger can be alchemized into a higher emotional state of passion, allowing us to take inspired action rather than succumbing to bitterness.

# Mastering Emotional Sovereignty



### Full Feeling

Part of mastering emotional sovereignty is allowing yourself to fully feel your emotions. Most of us have been taught to escape, hide, suppress, or run away from our emotions. This leads to sickness in the body and spirit, and often keeps us in loops of lower emotions.

When you first begin to turn your feeling centers on, it can become overwhelming. Allowing the full release of your emotions through crying, movement, journaling, expressing, etc., is key.



### Identifying and Processing

Once we begin to fully feel our feelings and allow them to pass through us, we begin to identify how WE feel, and discern this from how others are feeling. By nature, we are all feeling beings and thus we absorb emotional energy from one another on a daily basis. Without being able to discern our own emotions from others, we stay in a state of confusion and overwhelm. Write down how you are feeling, how your body is feeling, + identify the source of those emotions.



### Responding versus Reacting

All of the control dramas take energy by getting us to react to one another. Reactions and triggers are a sign of emotional co-dependence. Either we are giving our power away to our own emotions, or to the emotions of others. By working with our bodies and our emotions, we learn how to process them, digest them, and alchemize them into higher emotional states such as peace, compassion, understanding, joy, and love. This allows us to respond versus react.



# Mastering Mental Sovereignty

## Dissolving the EGO Programmed Mind

The EGO programmed mind is a cluster of belief systems and fears that have been implanted into Humanity through the lower thought system. It is through our fears, wounds and traumas that the EGO programming feeds off of and keeps us trapped into giving our power away, co-dependency and illusion.

When we dissolve our EGO programs, we free ourselves from limited thoughts and behavior patterns and open ourselves up into limitless thought and sovereign behaviors.

The first step in dissolving the EGO is having the awareness of it, awareness transforms into consciousness. The second step is identifying the programs that are hijacking us and how they are keeping us in limited and co-dependent thought.

Mastering this takes time, as these programs are deeply imbedded in our DNA. We must dissolve dysfunctional belief systems and ancestral wounds in order to regain our sovereign mental bodies. Cut chords with lower thoughts, mastering them, releasing all external opinions and projections.

EGO programs often make us look outside of ourselves to know what to think. We rely on external authority, people, communities/families, institutions such as religion, science, culture, and academia to tell us what to think.

We also use external validation such as relying on others to validate our thoughts, relying on the opinions of others, or internalizing other's projections onto us, as truth.

As you go through the EGO Death Process, you will learn to trust your own internal process, dissolve belief systems, and unlock your unlimited thought aka God Consciousness.

### We recommend utilizing the following tools:

- EGO Death Ceremonies
- Breaking through the EGO Workbook
- Cutting Chords with all lower thought
- Learning the art of being present in the moment of now
- Validating your own personal truths
- Learning to connect to your Angels
- Being proactive in correcting + changing dysfunctional belief systems
- Detoxing your mental body through a period of abstinence from information, technology, and the consumption of external opinions

# Mastering Energetic Sovereignty

## Anchoring in the Higher Self

Energetic sovereignty is when we reclaim our power and no longer rely on external sources of energy to sustain ourselves. We are connected directly to Source and our Higher Selves.

Energetic co-dependence occurs because Humanity has not been taught to master their own energy, thus they have to rely on taking energy from outside sources in order to feel alive. We all share in collective consciousness as well, so we are often sharing energy with others without even realizing it.

Our true life-force energy comes directly from our connection with Source and the anchoring of our Higher Self. This dissolves the need for external energy, which we seek through Control Dramas (as discussed under Emotional Sovereignty), over consuming things that "give" us energy such as energy drinks, coffee, sleep, etc., and by feeding off the creative energy of others without contributing our own creative energy.

Energetic Sovereignty not only allows us to become fully sustainable beings but protects our energy fields from external distortions and unlocks our creative potential.

We recommend the following tools and techniques for anchoring in Energetic Sovereignty:

- Establishing energetic boundaries with others who seek to drain or take energy from us
- Practicing techniques such as shielding, rainbow bubble and the rainbow sword
- Utilizing energetic cleansing tools such as crystals, sage and incense
- Connecting with Source/Divine Feminine essence to unlock your life force energy
- Unlocking your creative potential through the exploration of your creative gifts
- Cultivating inner joy
- Automatic writing and connecting with your Higher Self
- Sun and Moon gazing



# Mastering Spiritual Sovereignty

## Activating Your Internal Compass

Spiritual Sovereignty is the mastery of coming into your God Self, through connection to Source and following your inner compass. Here on Earth, Humanity has been suffering from a deep disconnection from Source, and specifically, from the Divine Feminine essence. We have disconnected from our natural state of BEing, flow, intuition and surrender.

When we are co-dependent on institutions like religion, to tell us about God or tell us that God is external from us and not within us, we give away our Spiritual Sovereignty. We give our power away to belief systems and other attachments such as needing to have "proof" of something, relying on gurus or others to tell us what is true and how to be "spiritual."

Spiritual sovereignty begins by acknowledging that you are God with God, and all souls share a divine connection to the Mother/Father Godhead=Source. Dissolving all previous belief systems about religion, God, spirituality, and what is "true" helps open you up to your own internal compass and inner knowing, that is the only truth that must be discovered.

Mastering our spiritual sovereignty also includes learning discernment.

Discernment is when we utilize a combination of our logic + Intuition, through the brain/heart connection, to decide for ourselves what is true and what resonates with our soul. No one can tell you what truth is, and there is no "proof" that can be obtained. The only truth you will ever truly know, is the truth you discover within yourself, through your own intuition, guidance + connection with Source. It is truly through the experience of the journey home to Source that we master this. All souls are on their own unique paths home to Source=God Self.

We recommend the following tools to assist with mastering Spiritual Sovereignty:

- Get in touch with your intuition and learn to follow your own internal guidance regardless of any external opinions
- Follow the synchronistic events
- Anchor in the divine traits + utilize the Divine Traits Guide
- Become familiar with the Universal Laws + Divine Decrees
- Practice self-love disciplines which puts you in tune with your own internal compass

# Mastering Relationship Sovereignty

## Divine Unions and Relationships

Relationships is where Humanity displays the most co-dependence. Of course, having relations with one another is creation in motion, however the difference between divine relationships and 3D relationships is vast.

Romantic Relationships are where we experience the most co-dependency and attachment. We have been programmed to give our power away to another and to sacrifice or compromise some part of ourselves in the process to make another happy or to meet expectations.

True divine unions are based on sovereignty, as both partners have mastered their sovereign state of being and are working together in an inter-dependent relationship. The following are ways in which co-dependency presents in 3D relationships:

- Conditions and Expectations
- Conditional love which relies on each partner making the other happy
- Playing out wounds/traumas and control dramas
- Sacrificing personal happiness
- Blame and lack of accountability
- Needs, wants and desires

Romantic relationships are not the only ones that experience co-dependency. Friendships, partnerships, and family relationships also display this. We experience this as constantly feeling drained from the relationship, lack of honesty, transparency, communication, blame/projection, and placing EGO wants, needs and desires above healing, transformation and personal accountability.

In order to establish true sovereign relationships, we must first come to know ourselves and establish a divine relationship with ourselves. This is done through inner work, reflection, transformation and self-love. All others must ALSO be doing this work, or the relationships will never be sovereign but will continue to be out of balance and co-dependent. This is why those who are on this path often experience separation from partners, children, families and friends.

Putting yourself, your healing, your joy and your purpose FIRST, is the only way to master sovereign relationships. Have firm energetic boundaries in that you will only engage in relationships that are based on this sovereignty. This includes having no expectations of another but allowing them their own path and journey and holding unconditional love for them.

# Unlocking Universal Abundance

## We are the QFS

Many have heard of the QFS, as well as NESARA/GESARA. The basis of these platforms is the establishment of the Quantum Financial System. However, many have continued to give their power away to external forms of this "system", not realizing that WE, Humanity, are the QFS and Source the true NESARA/GESARA.

The QFS is a system based on Intent, Frequency, Embodiment (of our higher selves and Integrity). Therefore, it cannot be hijacked or controlled by any single person or group. Imagine the QFS as a quantum energetic network that is already in existence, as it is connected to the Limitless Quantum Field. We are connected to this system through our auric fields, and through our own personal quantum field (The Heart).

It's based on frequency, meaning that one cannot access the QFS if they are not operating at the same frequency, the frequency of Love, Truth, Abundance = Source. It is through our frequency that we unlock our personal abundance and limitless potential.

Our currency is our hearts, our soul and the embodiment of our Higher Self. In essence, our frequency is the key to unlocking the QFS, our embodiment is how we establish ourselves as members of the QFS, and effectively establish our own personal currency within this system that is based on our cosmic blueprint.

We then navigate the QFS and utilize our currency through our intention. Because the QFS is based on divine intelligence, it ONLY responds to pure intent, without any distortions, self-importance or corruption. When we place our intent for what we are seeking to manifest or receive through the QFS, it must be purely for the highest good of all, and not based on any EGO wants, needs or desires.

Finally, the way the QFS self-corrects, is through the discernment of integrity. If a being establishes themselves into the QFS through their embodiment and manifests abundance from the QFS with pure intent but falls out of integrity with the use of that abundance either due to the EGO or not aligning with Universal Law, the QFS will then reject your soul's currency until integrity can once again be established. This is how the Abundance Grid self-corrects and stays in alignment with love.

## Anchoring in Worldwide Sovereignty

Humanity has long been enslaved through their attachments, consciousness, emotions, thoughts and the Black Magic Financial System. Establishing our Sovereignty takes time, self-love, inner work and surrender. Each of us can only focus on what WE can do to assist in this anchoring. The beauty of Sovereignty is realizing that we cannot save others, we cannot tell them what to do, and we truly, cannot even help them. We can only support each other on our own journeys to embodying our God Selves. We cannot rely on one another in a co-dependent manner, and we cannot rely on any external authority, groups or systems to save us or tell us what is true. We must, as a collective, reclaim our natural state of being as co-creators with God, and as fractals of the Mother/Father Godhead. This is how we unlock universal love, Sovereignty, truth, freedom, unity and abundance.

We thank each of you for assisting with anchoring in our Universal Sovereignty.







*All Limitless Content*

*Honors*

*Mother Gaia*